

| | Temps | Nom prénom | Catégorie | club |
|----|----------|--------------------|-----------|----------------------|
| 1 | 00:14:46 | DUSSAUGE Quentin | CA-M | |
| 2 | 00:15:23 | FELLAGUE Fares | MI-M | ASVEL |
| 3 | 00:15:28 | BUNOD Clement | CA-M | BBT |
| 4 | 00:15:39 | BABLET Mael | MI-M | |
| 5 | 00:16:00 | NICOT Valerie | V1-F | US OYONNAX |
| 6 | 00:16:03 | GUENIN Mathis | MI-M | BBT |
| 7 | 00:16:21 | GILBERT Séverine | SE-F | 01 PULSION |
| 8 | 00:16:26 | CREUZET Aline | SE-F | VIRIAT MARATHON |
| 9 | 00:16:28 | ALONSO Pascale | V1-F | |
| 10 | 00:16:41 | AZRIA Severine | V1-F | TCN |
| 11 | 00:16:49 | CHABOUD Alice | SE-F | TRISPIRIDON |
| 12 | 00:17:11 | PRADIGNAC Martin | MI-M | BBT |
| 13 | 00:17:11 | VOLAY Corinne | V2-F | EA VILLEFRANCHE |
| 14 | 00:18:05 | PRADIGNAC Nathan | MI-M | EAB |
| 15 | 00:18:08 | AUGER Maxime | MI-M | BBT |
| 16 | 00:18:17 | GIORGETTI Hélène | V1-F | |
| 17 | 00:19:22 | SAVERET Sandrine | V1-F | |
| 18 | 00:19:49 | GRACIO Béatrice | SE-F | |
| 19 | 00:20:35 | SCRIBANTE Amandine | SE-F | |
| 20 | 00:20:57 | BOUQUIN Nathalie | V1-F | SANS BORNE ST DIDIER |
| 21 | 00:26:06 | MOTA Marilene | V1-F | |
| 22 | 00:27:10 | BOUTTIN Anne | V1-F | |

| | Temps | Nom prénom | | club |
|----|----------|----------------------|------|--------------------------------|
| 1 | 00:16:24 | BONIN Arnaud | SE-M | AMBERIEU MARATHON |
| 2 | 00:16:32 | SAVOYEN Romain | SE-M | ASA |
| 3 | 00:16:37 | FELLAGUE Ali | SE-M | LYON SPORT METROPOLLE |
| 4 | 00:16:48 | PAGE Pierrick | SE-M | BBT |
| 5 | 00:17:16 | DULUYE Laurent | V1-M | AMBERIEU MARATHON |
| 6 | 00:17:36 | PONCET ANTOINE | CA-M | BBT |
| 7 | 00:17:40 | ELYACOUBI Ramzy | V1-M | LYON SPORT METROPOLLE |
| 8 | 00:17:44 | DURAND ARNAUD | SE-M | |
| 9 | 00:17:51 | CAMUT Antoine | SE-M | |
| 10 | 00:17:57 | CHABOUD Nicolas | SE-M | |
| 11 | 00:18:07 | FILLOD Hervé | V1-M | US OYONNAX |
| 12 | 00:18:20 | CLERC Fabien | SE-M | WGTM THE CREW |
| 13 | 00:18:23 | GILBERT Srephane | SE-M | BIZIAT ENDURANCE |
| 14 | 00:18:25 | REBOUX Luc | V1-M | CORCY ENDURANCE |
| 15 | 00:18:33 | CALTON Richard | V1-M | |
| 16 | 00:18:34 | ROYER Nicolas | SE-M | ALTRA |
| 17 | 00:18:40 | GANDON MARTIN | SE-M | ASC BALAN |
| 18 | 00:18:44 | BETRON ADRIEN | SE-M | S/L BALAN COTIERE ATHLETISME |
| 19 | 00:18:46 | CHARIGNON Didier | V2-M | ASC BALAN |
| 20 | 00:18:51 | CLUZEL Cédric | SE-M | EA BOURG EN BRESSE* |
| 21 | 00:18:55 | CHELMIS Jonathan | SE-M | CORCY ENDURANCE |
| 22 | 00:18:59 | GELVE Frederic | V1-M | RHONE ALPES TRIATHLON |
| 23 | 00:19:10 | CHARPENTIER Jacques | V3-M | ASVEL |
| 24 | 00:19:14 | TEISSIEUX Anthony | SE-M | |
| 25 | 00:19:16 | GOIFFON Philippe | V1-M | SANS BORNES ST DIDIER |
| 26 | 00:19:23 | CAZIER Jean baptiste | SE-M | ASVEL TRIATHLON |
| 27 | 00:19:25 | LAPENDRY BRUNO | SE-M | ASC BALAN |
| 28 | 00:19:26 | GAGET Fabien | V2-M | |
| 29 | 00:19:27 | GONIN CYRIL | SE-M | S/L UNION ATHLETIQUE DES COULE |
| 30 | 00:19:28 | RIGAULT Baptiste | JU-M | |
| 31 | 00:19:32 | MENDES Carlos | V2-M | US OYONNAX |
| 32 | 00:19:34 | ROGNARD LAURENT | V1-M | ASC BALAN |
| 33 | 00:19:38 | LE GOFF Sylvain | V1-M | EA BOURG EN BRESSE* |
| 34 | 00:19:39 | TARGHETTA Philippe | V2-M | RHONE ALPES TRIATHLON |
| 35 | 00:19:42 | SODY Antoine | V1-M | US OYONNAX |
| 36 | 00:19:47 | VOIRIN Nicolas | SE-M | |
| 37 | 00:19:53 | PONSIN Eric | V2-M | US OYONNAX |
| 38 | 00:19:58 | FOULACHIER REGIS | V1-M | AMBERIEU MARATHON |
| 39 | 00:20:02 | MAYER Mickael | SE-M | EA BOURG EN BRESSE* |
| 40 | 00:20:04 | BOUVARD Philippe | V1-M | US OYONNAX |
| 41 | 00:20:09 | OLIVO Charly | SE-M | |
| 42 | 00:20:10 | DONCQUE Patrice | SE-M | AMBERIEU MARATHON |
| 43 | 00:20:13 | DUBUIS HERVE | SE-M | EA BOURG EN BRESSE* |
| 44 | 00:20:13 | FAURE Stephane | V1-M | ASC BALAN |
| 45 | 00:20:23 | CLUZEL Olivier | V2-M | RHONE ALPES TRIATHLON |
| 46 | 00:20:31 | BERTHUET PATRICE | V2-M | ASC BALAN |
| 47 | 00:20:34 | FONTAINE Thierry | V2-M | |
| 48 | 00:20:34 | ROSSET Laurent | V1-M | CORCY ENDURANCE |
| 49 | 00:20:35 | SEGUIN Remy | V1-M | CORCY ENDURANCE |
| 50 | 00:20:36 | HERZOG Kévin | SE-M | |
| 51 | 00:20:37 | LEMAIRE Nicolas | SE-M | |

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| 52 | 00:20:41 | PRADIER MICHEL | V2-M | CS BOURGOIN JALLIEU * |
| 53 | 00:20:42 | FAILLET Alain | V2-M | BIZIAT ENDURANCE |
| 54 | 00:20:44 | FOURNAND Yannick | SE-M | |
| 55 | 00:20:46 | RAFFIN Thierry | V1-M | VIRIAT MARATHON |
| 56 | 00:20:49 | GEORGES Thierry | V1-M | |
| 57 | 00:20:51 | BOEHM Philippe | SE-M | |
| 58 | 00:20:54 | MENZAGO Maxence | ES-M | BBT |
| 59 | 00:21:03 | SALMON LIONEL | V1-M | ASC BALAN |
| 60 | 00:21:07 | METRAL Jeremy | SE-M | |
| 61 | 00:21:10 | GADOULLET François | SE-M | |
| 62 | 00:21:16 | WATERNAUX Vivyen | SE-M | |
| 63 | 00:21:17 | KNEPPER Cédric | V1-M | |
| 64 | 00:21:17 | AENISHANSLIN Lucas | JU-M | BBT |
| 65 | 00:21:27 | SEGUIN Arnaud | V1-M | CORCY ENDURANCE |
| 66 | 00:21:30 | BRUNG Clément | SE-M | |
| 67 | 00:21:35 | HERMANT Gregory | V1-M | CORCY ENDURANCE |
| 68 | 00:21:37 | DOMERGUE Cyrille | V1-M | UAC |
| 69 | 00:21:46 | SAUZAY Jerome | V2-M | TCN |
| 70 | 00:21:50 | BRUNO Patrick | V2-M | |
| 71 | 00:22:00 | DUMOULIN Hervé | V1-M | BBT |
| 72 | 00:22:01 | PIROUD Philippe | SE-M | VIRIAT MARATHON |
| 73 | 00:22:03 | OTT Renaud | V1-M | MEXIMIEUX |
| 74 | 00:22:05 | POZET Lionel | V1-M | BBT |
| 75 | 00:22:06 | GUERPEL Arnaud | SE-M | CORCY ENDURANCE |
| 76 | 00:22:08 | LEVENT DAVID | V1-M | ASC BALAN |
| 77 | 00:22:10 | BEGUET JEROME | V1-M | CORCY ENDURANCE |
| 78 | 00:22:14 | BREVET Patrice | V2-M | |
| 79 | 00:22:22 | FRANZINI Pierre Olivier | SE-M | |
| 80 | 00:22:25 | DUJARDIN Christophe | SE-M | EFS TRIATHLON |
| 81 | 00:22:34 | THIVENT Georges | V3-M | EA BOURG EN BRESSE* |
| 82 | 00:22:56 | BOUTIN Stephane | V1-M | |
| 83 | 00:23:08 | RAPHANEL Bernard | V2-M | CAP SEILLON |
| 84 | 00:23:12 | BIBLOCQUE Christophe | V1-M | BBT |
| 85 | 00:23:16 | DUGAS Yves | V3-M | CORCY ENDURANCE |
| 86 | 00:23:34 | MEREY Francis | V2-M | VIRIAT MARATHON |
| 87 | 00:23:44 | BARRACHINA Alexandre | SE-M | COURIR NATURE |
| 88 | 00:23:56 | VIEUGUE Jean claude | V3-M | AAA du Lyonnais |
| 89 | 00:24:09 | GALLIOT Daniel | V2-M | SPORT NATURE 01 |
| 90 | 00:24:15 | ROJON Thierry | V2-M | |
| 91 | 00:24:21 | BOSIN Franck | V1-M | RANDO NATURE |
| 92 | 00:25:51 | FERFER Jonathan | SE-M | COURIR NATURE |
| 93 | 00:26:01 | DUCROS David | V1-M | |
| 94 | 00:28:39 | GAGET Gilles | V2-M | RHONE ALPES TRIATHLON |
| 95 | 00:31:27 | EMIN Roland | V4-M | |
| 96 | 00:31:48 | BONAVENTURE Océane | SE-F | |
| 97 | 00:32:14 | LEZIN Jean Claude | V3-M | CA LANGOGNE |
| 98 | 00:32:25 | RUET Alexandre | SE-M | |